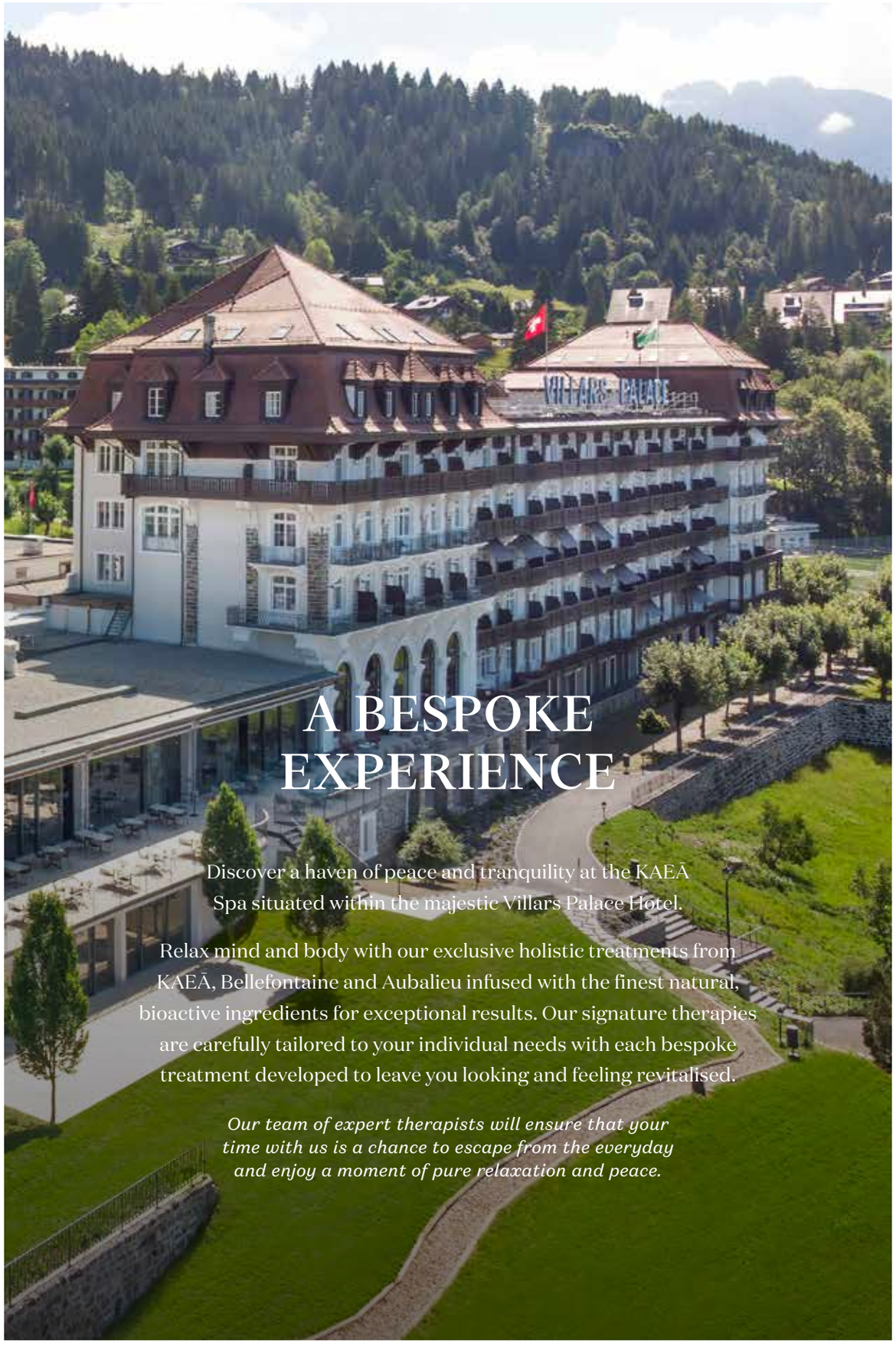
kaeā

VILLARS ALPINE SPA



A BESPOKE EXPERIENCE

Discover a haven of peace and tranquility at the KAEĀ Spa situated within the majestic Villars Palace Hotel.

Relax mind and body with our exclusive holistic treatments from KAEĀ, Bellefontaine and Aubalieu infused with the finest natural, bioactive ingredients for exceptional results. Our signature therapies are carefully tailored to your individual needs with each bespoke treatment developed to leave you looking and feeling revitalised.

Our team of expert therapists will ensure that your time with us is a chance to escape from the everyday and enjoy a moment of pure relaxation and peace.



WHERE TRANQUILITY AND BEAUTY ALIGN

Set against the backdrop of the breathtaking Swiss mountains, bathed by glacial waters and surrounded by open green pains, the Villars Palace Hotel is a place of true beauty and tranquility. The KAEĀ Spa serves to enhance that feeling of peace with a calming space devoted to your wellbeing and relaxation.

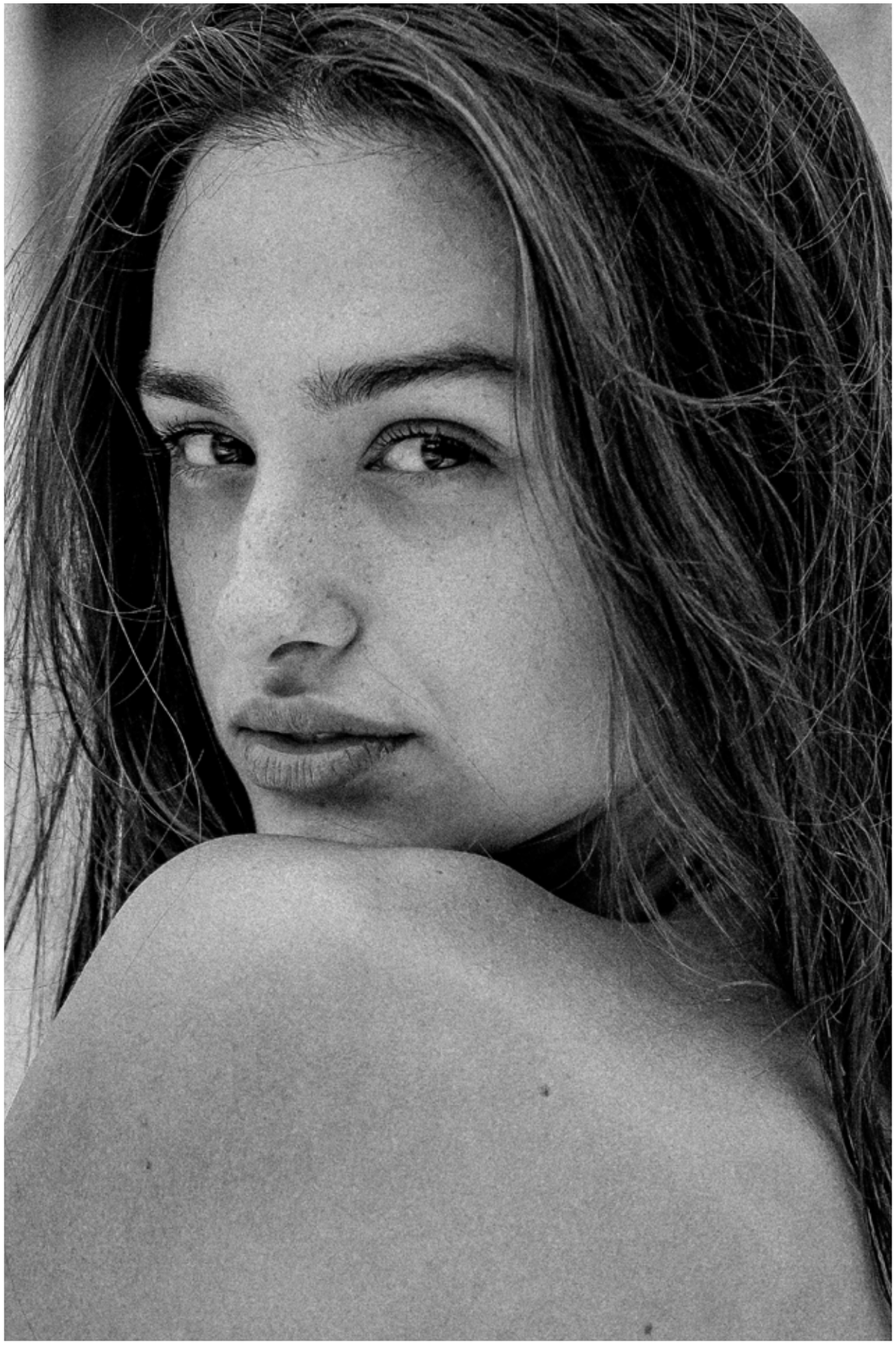
We have selected the finest products that support our precious environment and reduce our impact on the natural world. From recyclable materials to the responsible sourcing of our ingredients, we ensure that we leave a lighter footprint on the planet.

Each treatment at the KAEĀ Spa is specially adapted to support your body's needs and bring you a deep sense of wellbeing. Our carefully curated range of beauty products have been chosen to create a unique sensory experience that will leave you reconnected, revitalised and perfectly rebalanced.

Come and explore the KAEĀ Spa. With four individual cabins, each equipped with its own bathroom, a dedicated manicure and pedicure room, two private spas with Jacuzzis, as well as two expansive spa suites featuring their own massage rooms, there is no better place to enjoy a moment of indulgence and peace. Our light-filled space features state-of-the-art fitness equipment, while our water trail will take you on an immersive, uplifting journey.

There is no better place to reconnect with nature and find your moment of serenity.

FACE CARE



Face Care /

KAEĀ

the sculptor

A high-performing, uplifting facial featuring natural sculpting techniques for visible and sustained results

This luxurious facial starts with a thorough cleanse and gentle exfoliation, before a deep-tissue facial massage using specialised facial sculpting and lymphatic drainage techniques. This performance-led facial using KAEĀ's cell-nourishing, collagen-boosting, bio-active formulas ingredients will leave your skin feeling uplifted, rejuvenated and radiant.

the sculptor +
Indulge in a full 90 minute experience to bring together the benefits of full body tension release combined with our highly effective sculptor facial. Starting with a relaxing back massage targeting key pressure points, this treatment will further help alleviate areas of tension and improve blood and lymphatic flow, leaving you feeling restored and revived. Tailored to your skin's needs, this is a high-performance treatment for body, face and mind.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-

the restorer

A deeply relaxing, restorative facial for rejuvenated skin and a soothed mind

This therapeutic treatment is so much more than a facial and can be individually tailored to your skin's concerns. Featuring high-performance balms and oils extracted from New Zealand's superhero native plants, this facial will help restore your skin's natural strength, leaving it looking rejuvenated. Revered for their skin-healing properties and high in antioxidants, these incredible ingredients, including UMF 15+ Mānuka honey, will help soothe and purify your skin. Through gentle resurfacing, calming massage and lymphatic drainage, this relaxing facial will leave your skin feeling softened, hydrated and radiant.

the restorer +
Indulge in a full 90 minute experience to bring together the benefits of full body tension release combined with our highly effective restorer facial for deep restoration. Starting with a relaxing back massage targeting key pressure points, this treatment will further help alleviate areas of tension and improve blood and lymphatic flow, leaving you feeling restored and revived.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-



Inspired by New Zealand's unique landscape, KAEĀ brings together powerful, performance-led, botanically-active skincare and targeted, results-driven treatments while supporting the biodiversity of New Zealand's precious flora and fauna.

We use only the finest natural native plants and botanicals in our products, each chosen for their skin healing properties and incredible ability to restore vitality to the skin, elevating your experience at the KAEĀ Spa to a new level of sensorial indulgence.



Face Care / KAEĀ

the elements

Your post-slope pick-me-up facial

Discover the unique benefits of a KAEĀ facial treatment with this targeted, express 15-minute rescue facial. An effective results-driven treatment developed to help your complexion recover from the effects of exposure to the elements, it envelops the skin in a blend of potent botanical oils and balms, each chosen for their natural affinity to the skin which absorb readily for enhanced efficacy. Using powerful, plant-based New Zealand ingredients, this facial will deeply moisturise, nourish and revitalise your skin and leave you feeling ready to face another day on the slopes.
A great introduction to the beautiful, reparative properties of KAEĀ skincare.

Time

15 minutes | CHF 60.-

the retreat*

Naturally lift and restore for a revitalised and rejuvenated complexion

Indulge yourself in a series of tailored facial treatments to help achieve visible targeted results. This proven repeat experience gives your skin a meaningful boost, restores your natural beauty and intensifies the sculpting benefits for longer lasting results. A KAEĀ skincare specialist will tailor-make a facial programme to best meet your needs.

Time

3 x 60 minutes | CHF 720.- + 20% discount on a KAEĀ product of your choosing

6 x 60 minutes | CHF 1440.- + 20% discount on a KAEĀ product of your choosing + gift: the KAEĀ cleanser

**to be redeemed within 12 months of purchase*

Face Care /

Bellefontaine

Instant Glow

This essential facial treatment is designed to give a fresh, uniform skin tone in less than an hour. This beauty on the go but effective facial includes gentle cleansing and exfoliation, a rejuvenating massage focused on tired areas of the face. The skin appears brighter and more radiant.

Time

45 minutes | CHF 210.-

Cellstemine Anti-Aging with precious Edelweiss cells

In addition to its amazing anti-aging performance, this treatment releases muscular tension thanks to energizing, detoxifying and stimulating massage techniques: the face, neck and décolleté are reshaped for an optimal rejuvenating effect.

Time

90 minutes | CHF 350.-

Tailor-made 360 degrees

After a careful analysis of your skin, your esthetician selects targeted products adapted to your needs and expectations in order to obtain an optimal customized result: the skin is rebalanced for an immediate and lasting result. Your skin is radiant with freshness and health. The skin appears brighter and more radiant.

Time

60 minutes | CHF 280.-
90 minutes | CHF 350.-

The gentleman's

Tailored just for men, this facial will leave your skin glowing and fresh, while soothing tension in the neck and shoulders.

Time

60 minutes | CHF 250.-
60 minutes | CHF 330.-



Face Care /

L’Aubalieu

Harmony & Light

After a session of aromatherapy, your skin will be purified, exfoliated, and sublimated by the vaporization of precious mists with floral hydrolats. A tonic massage and the targeting of acupressure points will boost cellular renewal. Perfected by a moisturizing mask, your unified skin will regain its radiance and velvet touch.

Time

75 minutes | CHF 280.-

Your “Harmony & Light” facial and massage is part of a holistic approach, whose philosophy aims to rebalance the flow of body and mind for a skin in total harmony. This global approach uses our products rich in concentrated botanical extracts, selected for their known effectiveness in traditional medicine, but also aromatherapy and a mindfulness treatment to awaken and harmonize your senses.



BODY TREATMENTS

Body Treatments /

KAEĀ

the rebalaner

Deep Tissue, relaxing, energizing... Tell us what you want and experience a ultimate bespoke massage. The Terre de Feu or Alpine Herbs oils will amplify the benefits of this treatment. A powerful and rebalancing body treatment featuring our signature blend KAEĀ massage oil and a combination of specialised massage techniques to release tension, stimulate muscle recovery and enhance wellbeing.

Following an in-depth consultation, your expert KAEĀ therapist will customise the treatment to your individual needs for a truly bespoke experience. Starting with a back massage, key pressure points are addressed to relax muscles and increase blood and lymphatic flow. Each Rebalancer treatment is finished with a facial massage using KAEĀ's powerful multi-nutrient enriched face balm to leave your skin hydrated and muscles and mind truly relaxed.

Extend the benefits of this restorative treatment by choosing a full 90 minute experience which features tailored body brushing to help increase lymphatic drainage and improve fluid retention for smoother, more supple skin or a hot stone massage to reduce inflammation in the skin's soft tissue and release tension in muscles for the ultimate in relaxation and rebalancing.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-



Body Treatments /

The Palace Effect

The Bespoke

Deep Tissue, relaxing, energizing... Tell us what you want and experience a ultimate bespoke massage. The Terre de Feu or Alpine Herbs oils will amplify the benefits of this treatment.

Time

30 minutes | CHF 110.-
60 minutes | CHF 195.-
90 minutes | CHF 245.-

The Hot Stones

This deeply relaxing massage uses heated stones and Boisé Végétal oil that serve as an extension of the therapist's hands, gliding over the skin to release tension and promote your well-being. The heat from the stones improves blood and lymph circulation, while softening muscles and warming the entire body..

Time

75 minutes | CHF 250.-

The Reflexology

Pamper your feet with a stimulating massage that focuses on the reflex points on the soles of the feet. This massage technique relaxes tired feet and improves health and overall well-being.

Time

30 minutes | CHF 100.-
60 minutes | CHF 175.-

The Pre & Post Natal Massage

Specifically designed for the pregnant women This soft and enveloping massage of the whole body, acts mainly on tensions and muscular pains, reducing the discomfort of heavy legs. Your skin is nourished and moisturized thanks to the Purifying Hemp Oil, limiting the appearance of stretch marks.

Time

60 minutes | CHF 195.-

Hands & Feet Care /

The Palace

"La Colline"

Nail shaping, cuticle care and fern and underwood salt scrub.

Time

30 minutes | CHF 80.-

"La Montagne"

Nail shaping, cuticle care, sweet scrub with Oak Moss, mask and hand or foot massage

Time

60 minutes | CHF 130.-

Laying of Semi-permanent

Time

45 minutes | CHF 95.-

Removal of Semi-permanent

Time

30 minutes | CHF 35.-

To maintain our approach of supporting local businesses and animal welfare, KAEĀ Spa partners with "Melrose Swiss" nail products, 8-Free and vegan, for ever more beautiful nails that respect our biodiversity.





Travel Rituals

Space Mission

Conquer space by creating your own bath balls, then marvel at the comfort of a bubble bath under the stars. Small sweet treats will enchant this moment.

Time

45 minutes | CHF 180.-

For a child accompanied by a parent

Bellefontaine sails to Egypt

Travel to the land of the Pharaohs and try an oriental shea butter scrub in a voluptuous milk and honey bath, a face and body experience with an exfoliation, a body brushing, a radiance massage, followed by an enveloping cloud.

Time

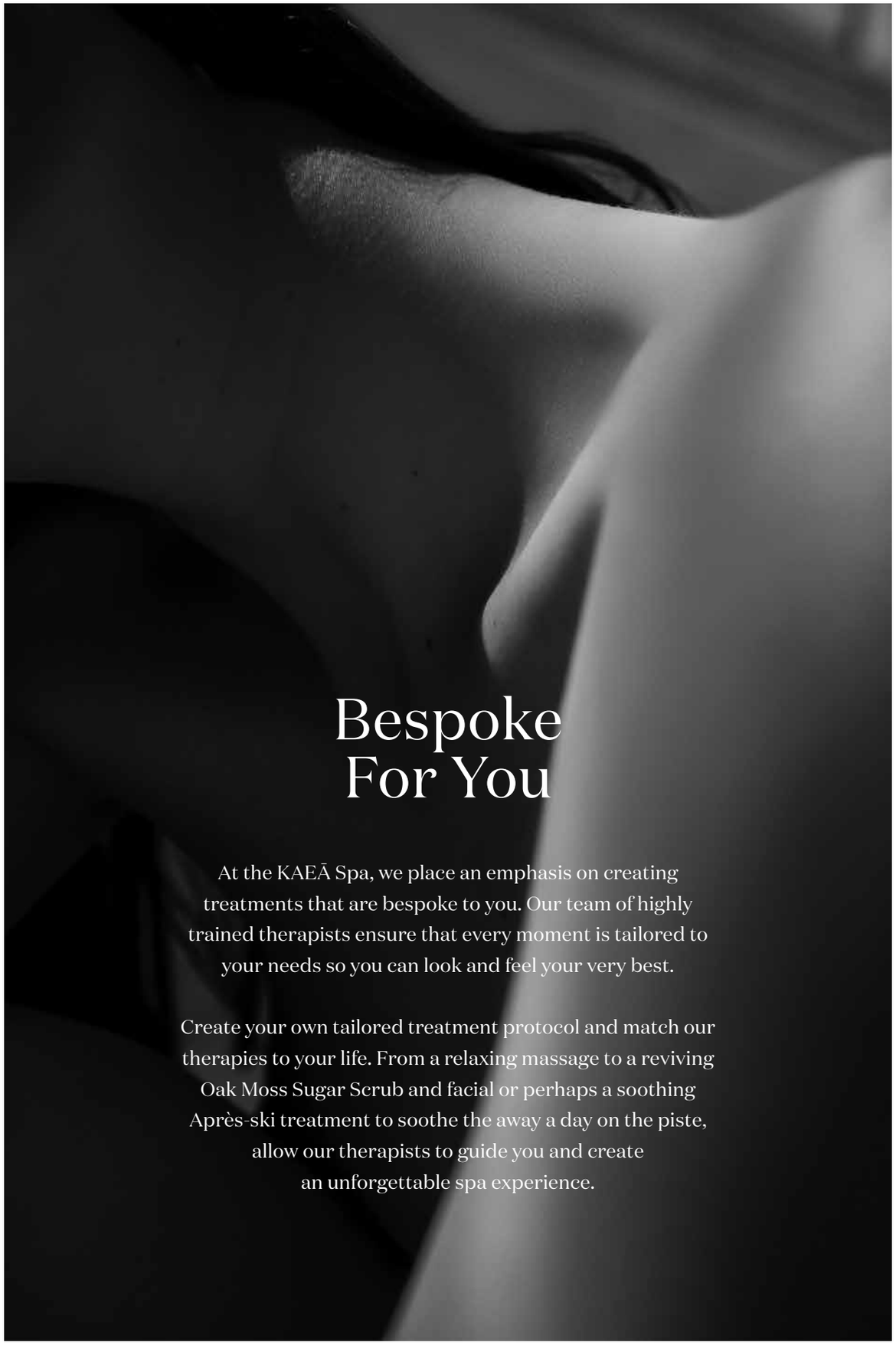
2h15 | CHF 580.-

KAEĀ and New Zealand

The ultimate luxury experience in total relaxation and revitalisation, offering exceptionally powerful, botanically-active ingredients for skin and body wellbeing. Harnessing the unique power of New Zealand's native ingredients, this therapeutic signature treatment includes deep relaxation, full body massage and a tailor-made facial using specialised massage techniques to meet your skin's needs. The ultimate all-sensory treatment for deep nourishment and rejuvenation of body and mind.

Time

2h15 | CHF 440.-



Bespoke For You

At the KAEĀ Spa, we place an emphasis on creating treatments that are bespoke to you. Our team of highly trained therapists ensure that every moment is tailored to your needs so you can look and feel your very best.

Create your own tailored treatment protocol and match our therapies to your life. From a relaxing massage to a reviving Oak Moss Sugar Scrub and facial or perhaps a soothing Après-ski treatment to soothe the away a day on the piste, allow our therapists to guide you and create an unforgettable spa experience.

Add ons /

Extend the Pleasure

Anti-Fatigue Remineralizing Body Wrap | Bellefontaine

Especially recommended after muscular efforts, this treatment activates the microcirculation, improves detoxification, moisturizes the skin and relaxes. You instantly regain a feeling of vitality and lightness.

Time

30 minutes | CHF 130.-

Make-up beautifying

For a special event or simply on a spur of the moment.

Time

30 minutes | CHF 90.-
50 minutes | CHF 130.-

Après-Ski | KAEĀ

Discover the unique benefits of a KAEĀ facial treatment with this targeted, express 15-minute rescue facial. An effective results-driven treatment developed to help your complexion recover from the effects of exposure to the elements, it envelops the skin in a blend of potent botanical oils and balms, each chosen for their natural affinity to the skin which absorb readily for enhanced efficacy. Using powerful, plant-based New Zealand ingredients, this facial will deeply moisturise, nourish and revitalise your skin and leave you feeling ready to face another day on the slopes. A great introduction to the beautiful, reparative properties of KAEĀ skincare.

Time

15 minutes | CHF 70.-

The sweet oak moss or salty fern & underwood scrubs

Our handmade Swiss scrubs are made of coconut oil and organic refined shea butter.

Time

45 minutes | CHF 140.-

For every eighth body or face treatment booked, a complementary treatment is offered.

external guests

Admission for treatments every day between 10am
and 6pm subject to availability. Daily entry is from
9am to 9pm.

children

We welcome children to the pool after 12:00 pm, however our water trail is reserved for adults only. Access to the fitness centre is reserved for those over 16 years old.

your stay with us

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. Please also limit the taking of photos and videos. We are committed to protecting the privacy of our users. KAEĀ Spa is a sanctuary of peace and tranquility, so please consider your fellow guests and keep noise to a minimum so as not to disturb them. Smoking is not permitted. The spa team reserves the right to refuse access to anyone whose dress or behaviour may disturb or endanger other guests at the spa or surrounding areas.

pregnant women

Not all treatments are recommended during this special time and massages should only be performed after three months (12 weeks). Our spa team will be pleased to guide you with the most suitable treatments.

arrival

We recommend that you arrive up to 30 minutes before your treatment starts in order to complete a brief consultation form, change, relax and enjoy our stunning spa facilities.

valuables

Lockers are available on request although we kindly ask you not to bring valuables. The management accepts no responsibility in case of loss or theft.

dress code

Bathing suits are required for use in thermal areas. Bathrobes and slippers are available in your room. Towels are at your disposal in the water trail.

allergies and special care

Please advise us of any health problems, allergies
or injuries that may interfere with your use of the
spa facilities or affect your treatment when making your reservation.

aftercare

We recommend that you avoid direct sunlight and sunbathing after any massage, facial or waxing for at least six hours. To extend your spa experience at home, a variety of products are available to purchase at the Spa reception.

Payment

For hotel guests, all treatments will be charged to your room and will appear on your account when you check out of the hotel.Major credit cards or cash are accepted at the Spa reception. Please note that all treatments include 7.7% VAT.

Food and drink

Food and drink service is provided at our bar in the spa lounge. Outside food is not permitted.

Lateness & cancellation policy

A 50 % charge will be incurred for any treatment not cancelled at least 5 hours prior to your scheduled time for a treatment and 24 hours for travel rituals.

In case of late arrival, we will do our best to offer you a full treatment. Please be aware that your late arrival may result in the reduction of your treatment time as a courtesy to our next guest.

kaeā

VILLARS ALPINE SPA

opening hours

The KAEĀ Spa is open daily and treatments are provided from 10:00 am to 9:00 pm.

reservations

For enquiries or reservations, please dial the Spa key as indicated on your phone screen or **call us** +41 (0)24 496 2223 or **email** wellness@var.ch.
Reservations are recommended to guarantee your preferred treatment time.

kaeā

VILLARS ALPINE SPA